Report from the Panel 63 Nevada Delegate

I am sorry to have missed Assembly and being with you because of illness. Thank you for all your kind good wishes. I am fully recovered and so grateful to Tracy B., Alternate Delegate and Group Records Coordinator, to have stepped in so graciously and fulfilled my service responsibilities so ably. Thank you, Tracy B.!

I am pleased, honored, and grateful to be serving as the Panel 63 Delegate from Nevada to the World Service Conference (WSC). As I write this, I am packing to travel to Virginia Beach, Virginia, for the World Service Conference, April 20-23, 2023. All Conference members will visit the World Service Office (WSO) during the week. I am very excited to see the WSO! The theme for the 2023 Conference is **Love, Laugh, and Grow Together.** I look forward to doing A LOT of all three. Thank you for the opportunity to serve.

I have been receiving plenty of documents to prepare for Conference. Lots to read and review, voting on agenda items, and talking with incoming Panel 63 Delegates via Zoom to get to know each other and offer experience, strength, and hope as we prepare for our first Conference. I have been using the Serenity Prayer as I sit with the discomfort of the unfamiliar and unknown and reach out to those who have gone before me for help and to reason things out.

Panel 61 and Panel 62 Delegates have offered tips to us incoming Panel 63 Delegates on such things as dressing business casual, bring a wrap because the meeting rooms can get cold, Breathe, Pray, Repeat, Prioritize & Balance, and to make it to the 6am (!) daily Al-Anon meeting to prepare for the Conference which goes from 8am to 9pmish every day. (There’s also a nightly 9pm Al-Anon meeting.)

Tracy B., our Alternate Delegate/Group Records Coordinator, and I traveled together to the Southwest Regional Delegate’s Meeting (SWRDM) in Salt Lake City, Utah, March 8-10. SWRDM is our yearly regional March gathering of about 60 members in service such as Area Chairs, Past Delegates, Current Delegates, Area Officers, and other interested members from the seven Areas in our Region (Hawaii, NorCal, SoCal, Nevada, Utah, Colorado, Arizona). SWRDM supports the incoming delegates in their learning and preparation for the upcoming World Service Conference. The experience, strength, and hope from Past Delegates and their support, encouragement, and practice of Spiritual principles has been crucial to me on this spiritual journey of service. Next year, SWRDM will be hosted by Southern California in Orange County, in March 2024, before our Spring Assembly. Please consider a road trip to SoCal to join in learning about service!

Among other topics to be considered and discussed at Conference are such issues as electronic groups, finance feasibility, Alateen safety and support, diversity, and even copyright and trademark considerations. Seeing the business structure of Al-Anon work together with the Fellowship will be a huge learning experience. I intend to Keep an Open Mind and Learn to Listen, Listen to Learn.

CONTINUED PG 2
The World Service Conference (WSC) is an annual meeting of elected Delegates from each of the Areas of the World Service Conference Structure, the Board of Trustees, the Executive Committee, and World Service Office (WSO) Conference Staff. Through the discussion and deliberations at the WSC, the active voice and effective group conscience of Al-Anon is heard on world service matters. Page 68, 2022-2025 Al-Anon/Alateen Service Manual, https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/

From the Group Representative representing your group to your District, to our Assemblies in Tonopah, to the World Service Conference and back again, communication flows and serving as delegate, I serve as a channel for information flow.

The succession of elected links gives each Al-Anon and Alateen group a voice in the WSC. The same links provide a continuous chain of communication for the flow of information between the groups, Districts, Assemblies, World Service Conference (WSC), and the World Service Office (WSO). When Conference decisions are made, the same communication chain carries the information back from the Delegate to the Assembly, to the AWSC (Area World Service Committee, to the District Representative, to the Group Representative, and to the group members.

A group that fails to have a Group Representative denies its members a voice and causes a break in the link of communications. A comprehensive summary of each annual WSC, usually held in April, is available to all members under the Members menu at al-anon.org. A printed copy can be ordered from the Online Store at al-anon.org. P72-73, 2022-2025 Al-Anon/Alateen Service Manual, https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/

I look forward to coming home (home means Nevada, and to me, home means Al-Anon, too!). I can’t wait to share information and materials from Conference with all of you and your groups. Please join me at the June Delegate’s Reports in Northern Nevada and Super Saturday. Dates and locations, TBD.

I hope you are planning to attend the 2023 Al-Anon International Convention which will be held on June 29 – July 2, 2023, at the Albuquerque Convention Center in Albuquerque, New Mexico. New Hopes, New Friends, Renewed Recovery is the theme. Early bird registration ends May 10. There is also a virtual option. For more information, https://al-anon.org/wso/events/2023-al-anon-international-convention/

I thank the Higher Power, you, and Nevada’s group conscience for the opportunity to serve and to give back to Al-Anon which has given me so much. I hope you stay tuned to this channel! Here’s to Love, Laughter, and Growing Together.

Best wishes,
Lisa S. nvdelegatepanel63@gmail.com

The Al-Anon Times is a service publication of the Nevada Area AFG. Its purpose if to keep the Area informed of all service-related projects and activities at the District, AIS and Area Levels. Each issue will have a topic, and sharing’s submitted by members will be included as space allows. The opinions’ expressed in the Al-Anon Times are not to be attributed to Al-Anon as a whole: they are the personal views and the experience of the individual member. In keeping with the Eleventh and Twelfth Traditions, any names disclosed within this publication are to be kept within the fellowship. World Service Office—AFG, Inc. 1600 Corporate Landing Parkway Virginia Beach, VA 23456-5617 | 888-425-2666 (General Info)
Hello Nevada Area Al-Anon Members!

We had our first Area Assembly of this panel in March 2023. It was in person and what a great turnout we had. It was wonderful to be with all of you! I wanted to share part of my report for those of you who were not able to attend the Area Assembly in person.

What is the Alternate Delegate/Group Records Coordinator?

As the Alternate Delegate, I pray A LOT for Lisa, our Delegate to stay healthy and be able to fulfill her duties as our Delegate. J For real though, the Delegate keeps me in the loop of everything she is doing and learning, just in case. A perk of being the Alternate Delegate is that I get to travel with the Delegate. In March we attended the Southwest Regional Delegates Meeting (SWRDM) in Utah. SWRDM is a business meeting. At this SWRDM the goal was for Past and Current Delegates to share with the incoming Delegates what the World Service Conference (WSC) is all about: what to expect, how to prepare and to get the new Delegates excited for their first conference. It was super informative and I even made some new friends!

As Group Records Coordinator, I am the one who keeps the groups updated so newcomers can find accurate information about your group on the WSO website. I need your help to accomplish this task.

Group Representative (GR)

What is a GR?

A member who serves as the Group Representative and the voice and vote of your group: the communication link between GROUP, DISTRICT, NEVADA AREA and World Service Office (WSO)

Why is it important to have a GR?

The GR brings concerns from members to District and/or Area and to bring information back from World Service Office (WSO) to members. Your GR is the important link of service communication and connection in the Al-Anon service structure since the voice of the groups lead the fellowship.

CONTINUED PG 4
Current Mailing Address (CMA)

What is a current mailing address?
A group member who “receives postal and electronic group mail”, and “brings the mail to the
group." Pg. 60 Al-Anon/Alateen Service Manual 2022-2025

Why is having a CMA important?
Because the CMA connects the group to WSO communications by receiving mail from WSO and
sharing that information with the group. If the group does not have a CMA, WSO will try to com-
municate with the group and, receiving no response, will then label the group No Mail, and even-
tually Inactive, and no longer list the meeting on the WSO website, making it difficult for newcom-
ers to find your group.

How to submit a group records change:

1. go to al-anon.org
2. hover over the members tab
3. hover over group resources
4. click on group records
5. scroll down to al-anon group change
6. follow prompts to complete desired group changes

Then WSO will send a request to me and I can make that change for your group. Always include
the group name and WSO Id#, contact information and the desired change.

I am always here if you have any questions. Thank you for letting me be of service.

Love and Hugs in Service,
Tracy
Group Records Coordinator/Alternate Delegate
Hi, Rita here, your current NV Area Chair for 2023 – 2025. I’m writing this having just experienced my first assembly as your Area Chair and what a wonderful experience. I’ve gotten to experience so much support from the assembly body and I’ve also gotten to learn a lot of things! I had a quiet chuckle to myself when I learned the focus of this quarter’s newsletter, “Let It Begin With Me”. How appropriate, especially in my current service role! The good thing is, Al-Anon has taught me to look at myself and my motives for my actions - it truly is the essence of “Let It Begin With Me”. I get to look at how I can change and move forward instead of blaming others, as they say, when I point a finger at someone else, there are three pointing back at me.

All in all, I’m looking forward to the rest of my term as your Area Chair and all the lessons I know I will learn along the way. My sponsor once told me, my first year in this commitment will be a learning year, the second year is when I will start feeling like I know what I’m doing, and by my third year, it will be a breeze! I really can’t wait for that third year! All jokes aside, grateful to be of service and see you all in Fall assembly.

Suggested Al-Anon Times sharing April 2023

Let it begin with me is my favorite slogan. It reminds me to stop waiting for others to change so I can be happy; to pray for the courage to change the things I can— which is me and my attitudes; to focus on connecting with my Higher Power and listening for guidance on how to move my day and life forward; to trust that I am here for a reason and that I will find in Al-Anon hope, support, principles, and freedom if I continue to seek to live my life differently from what I learned in the family disease of alcoholism.

~ Lisa S.
Al-Anon Times -AWSC Secretary’s Report

If you ever want to learn a TON about the Nevada Area Service Structure and from some pretty amazing people who have dedicated so much of their time to Al-Anon Service, think about Area Secretary. WOW! I am learning so much like being a fly on the wall hearing all of the passionate discussions on many subjects such as translation equipment and the AIS Spanish Liaison (Tradition Five at work – trying to reach as many friends and family members of alcoholics), Permanent Electronic Groups being allowed into our Area (Concept One – the Ultimate responsibility and authority for Al-Anon world service belongs to the Al-Anon Groups), and how to ask for help and split up the work in the Work Group for Assembly Coordination (Tradition Seven – it’s not just about money, honey!).

This Assembly ROCKED! We had so many new GRs and their excitement to serve this beautiful program was palpable. So, were their nerves! And the beauty that I witnessed were all of the people that have been coming for many years gently, kindly and lovingly held out a hand to each GR and to one another to support, teach, and help everyone understand how Assembly works.

I will never forget how scared, irritable, restless and discontent I was at my first Assembly in 2009. My DR came out to the audience to greet me and my friend who were brand new and didn’t know what we were doing. She was so sweet and helpful giving us our voting cards and explaining how we vote. I saw the same thing happening all weekend and it was just a joy to be part of the fellowship and part of the spiritual process that Al-Anon gives me as someone who is recovering from the affects of growing up and living with alcoholism and addiction. I tried being of service to anyone who needed a helping hand, a smile, gum, tape, you name it. We Al-Anon types are usually prepared for anything like Mac Guyver!

We had many opportunities for everyone to serve in different Thought Forces, Task Forces and Work Groups including:

- Permanent Electronic Meetings being voted to be accepted into the Area
- Three Assemblies being reported as not necessary by the Thought Force
- Newsletter Guideline was passed to update who contributes and who does not which passed

And we got to work on timely subjects such as:

- Thought Force Financial Support for Interpreter Services at Area Assemblies
- Task Force Permanent Electronic Groups (PEGs)
- Work Group Area Assembly Coordination
- Work Group Translating Area Documents into Spanish

The Assembly was VERY ACTIVE with making a consensus as well as passing motions on:

- Future Assemblies Thought Force (passed)
- Guideline #15 Assembly Procedures (passed)
- Spanish Interpreter Equipment (passed)

My arms and hands were TIRED by Sunday afternoon as I typed my little heart out trying to capture what happened at the Area Assembly. And it felt so good to be part of the process on this ever evolving, wonderful program. If you want a first-row seat on the action, volunteer to represent your group as a GR or Alternate GR! I promise you will be in good hands.

Love in Service,
Michele S.
NV Area Secretary
Area Assembly Committee Coordinator

Warm greetings to everyone and especially to all new Group Representatives and Area World Service Committee Members. My new service position, is starting to feel like it fits, no so much wearing shoes that are too small. Spring Assembly — my first in this new service position — is behind us, so I got to “test drive” this role. It was a wonderful assembly and all of the beautiful smiling faces help me to know I am in the right place doing exactly what I am supposed to do. My Higher Power and the patience, tolerance and understanding of my fellow members will be my touchstone and my source of good humor as we work together for the next three years.

Thank you all for setting aside time to attend Area Assembly. So many of you pre-registered and made my job easier. I hope you have noticed Fall 2023 Assembly Flier and Registration Form in this newsletter. Please take notice that this is a three day/two night assembly and there will be a banquet that you can enjoy for a separate fee. Also, I know many of you hoped to go to our Area Website to use the online registration tool. Being new to this position, I opted to stick to paper forms until I have time to learn from our webmaster how to use this feature. I look forward to adding this option to our website soon. I promise to let you know when this option will be available.

Thank you, too, for a wonderful array of baskets for our raffle. Please extend this thanks to the members of your group for their generous support of our Area Assembly. And thanks so much for joining in the fun and buying raffle tickets.

I saved the best news for last. I am thrilled to announce that we now have an Assembly Registration Committee. This was offered as a Work Group and we had our first meeting at assembly. I will be the first to say that I am honored to work with a stellar group that is full of ideas and expertise and willingness. We will be in action at the Fall Assembly — so be sure to look for us.

I enjoyed meeting you all as you come in the convention center doors and look forward to seeing you again in September. Until then, please feel free to reach out to me with any questions or concerns.

Jan R
Assembly Committee Coordinator

AREA TREASURERS REPORT

Hi everyone,
I hope you are all doing well. I just wanted to say that I enjoyed seeing you all at the spring Assembly.

Now to the money. Our closing checking account balance as of March 31, was $12,378.42, down about $3000 from the previous month. No need to panic since we had our Assembly in March where our balance went down. The Assembly brought in income of $2,910.00 and expenses of $5,459.62 for a net loss of $2549.60. In addition to the Assembly expenses, we had SWRDM expenses for our delegate and alternate delegate.

Our savings account had $16,652.49 as of March 31. The interest for March on our savings account was $2.12. Hard to believe they call that interest. Well, at least our savings account went up.

We will be purchasing new interpretation equipment for our Spanish speakers. Now that the GRs gave us the go-ahead I will be ordering the new equipment hopefully before the end of April.

During March, we had $440.90 in donations from our groups, individuals, and districts. Thank you for your generous donations.

Well, that is my report for the spring.
Ira, Area Treasurer
Southern NV AIS Liaison Report

We held the first AIS meeting on February 25, 2023. It was very well attended with 34 people present. There were a lot of new GRs and Alternate GRs in attendance and I was able to give out some new GR binders that had been given to me by a former District rep from 6 years ago.

The AIS treasury had $4,935.14 in the checking account and $2,014.80 in the savings account. A proposed budget for 2023 was discussed and after increasing the budgeted amount for rent based on the attendance at the meeting the budget was voted on and approved. The 2022 budgeted items exceeded the donations without even making the budgeted contribution to WSO for 2022. We are hoping that with groups now back in person we will be getting more donations in and will not be in a deficit this year. Please ask your groups to look at donating to the entities on a regular basis to keep all the services going. AIS has a primary purpose of public outreach and keeping up with the meeting lists and hotline for Al-Anon.

AIS still has one open position, the AIS Alateen Liaison. The Liaison coordinates with the Area Alateen Coordinator and helps to support Southern NV Alateen Groups. If you or someone you know is interested in this position, please attend the next AIS meeting and volunteer for service. You do need to be an AMIAS or be willing to apply to be one in order to serve in this position.

Southern Nevada has an ongoing public outreach project with the LV Rescue Mission and could use some help with volunteers of Al-Anon members with approximately 5 years in Al-Anon. The meetings are held on Mondays at 11AM for the families of alcoholics and there is a 1PM Al-Anon meeting for the members. They do provide a hot lunch at 12 between these two meetings. Please see me to be put in touch with Donna A. who leads the meetings.

There is also a panel discussion they started in January at the Salvation Army once a month for Al-Anon. If you are interested in participating in this let me know.

This issues topic of Let It Begin With Me works in well with the exciting new business that was discussed. The Southern Nevada Literature Depot Center is starting a new project “Blueprints for Our Progress” to start collecting funds to eventually secure a permanent location to use as an AIS/LDC office. This space would be used for housing and selling literature, providing newcomers with a place to come and find out about Al-Anon and could be rented out for meetings and Al-Anon related activities and events. Marie F. is starting a task force and has volunteered to manage the fund bank account. The Southern Nevada LDC has donated $100 to start the fund and they are asking groups to commit to donating a minimum of $1.00 per week to grow the fund. For the 20 years that I have been in Las Vegas this has been discussed and brought up many times but unless you start moving forward, nothing will ever be done. The journey of 1000 miles starts with the first step. Please let your meetings know about this exciting development and hopefully they will support this endeavor. Let It Begin With Me! We will be further discussing this at our next AIS meeting. Our next AIS meeting will be held on Saturday, April 29, 2023 at 1:30PM at the Keystone Club, 2525 N Decatur Blvd, Las Vegas, NV 89108. All are welcome.

I am looking forward to going to the International Convention being held in Albuquerque, NM this year. This will be my first International Convention and I’m sure it will offer me more growth as service always does for me. I’m hoping that I see a lot of you there.

For me Let It Begin With Me is a wonderful slogan that I try to use in my daily life. Being kind to people who are not kind to me, saying hello to people I pass going to and from the gym or the grocery store, or wherever I am. These are little things that I can do to help make this world a kinder, gentler place. Although I cannot change people, I can act in a manner that help make changes in their day. Thank you for letting me be of service.

Love in service,

Karen S., So NV AIS Liaison
**Alateen/AAPP Coordinator**

Hi all, my name is Yvonne G.  nvareaalateen@gmail.com  I will be serving as the Area’s Alateen Coordinator/AAPP. By June 15, my task is to communicate with all of the AMIAS (Alanon Member In Alateen Service), forwarding to them and receiving back their completed signed recertification forms which I enter into the AFG portal; the AAPP part of this positions (Area Alateen Process Person).

We started off the year with 30 certified AMIAS.

At the spring assembly, I heard a member share that what helped him to do his job the most efficiently was to read and learn as much as he could about the position. I didn’t realize that Alateen had so much for me to read and share with our AMIAS, group sponsors and others interested in Alateen service. I will be forwarding this information to our AMIAS’. Have you checked out the Nevada Alanon website? There is a great amount of information already there. Thanks webmaster.

I came to accept this position because I wanted to help. I'm a great helper.... I became an AMIAS to see what it was all about. I am so grateful to have been welcomed into two Alateen meetings; 1 in my district and 1 in the Alanon Mobile App. What I am finding out is how AMAZING our Alateens are. I hear them speak with honesty, learning that THEIR weekly Alateen meeting is a safe place, and they can help each other with their issues by sharing their experience, strength, and hope. Together We can Make It because Alateen Changes anyone who participates (concept 4)!

A Safe place because each area in the world Service Conference structure has Alateen Safety and Behavior Requirements in place. Guideline #8 in our Nevada Area Al-Anon/Alateen handbook on our Nevada Alanon website under group resources.

Because of the generosity of our groups, Alateen is able to send each child who participates in our Mobile APP & Temp Zoom meetings a copy of the daily readers which I have seen helps to keep them an active participant in THEIR meeting.

As I keep learning about these positions, I will do my best to get information out to you. Contact me at nvareaalateen@gmail.com

Grateful in service,

Yvonne G.

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**Public Outreach Coordinator**

I was very humbled and excited to attend our Spring Assembly and share with all our new GR’s what I have learned so far about all the Public Outreach information available that we can use to carry the message of hope to our communities. I have been looking into quick response (QR) code generators that we could use to create QR codes to put on posters that link to our area website...more to come.

All the service commitments I have been willing to accept have helped me to change my attitudes and accept responsibility for my actions. I have been able to do this with the help of my Higher Power, by watching and being willing to learn from those who have gone before me, and by being willing to pass on what I have learned to others – “Let it Begin With Me”.

Learning in Service, Julie S. Public Outreach Coordinator
District One

Hello Again Everyone!

I hope everyone is doing well since we were all together at Assembly in March. It was thrilling to see all of you and work together. It was a very busy weekend, and so much business got done! I thought the GRs did a great job of participating and making decisions that will move our Area forward.

Our next District Meeting will be on May 13th, 1:30 p.m. at The Keystone Club. I look forward to hearing from the GRs about their first Assembly experience of this term.

As time goes on, I find I appreciate more and more how service has given me even more opportunities to grow in my program. To me the slogan “Let it Begin with Me” is about taking responsibility for myself. By the time I finally came to Al Anon, I was making everyone else responsible for my life and for my decisions, especially the alcoholic. Focusing on myself and taking charge of my own life has been essential to my growth. Service gives me such powerful ways to practice decision making, take risks, trust myself, and not depend on others. By taking advantage of these opportunities, I can give back to others and to the program.

Once again, I am so very grateful to my Higher Power, Al-Anon, and the Fellowship.

Love in Action and Service, Barbara M. District 1 Representative

District 2 Report

“Let it begin with me. When anyone, anywhere reaches out for help...” What a great reminder that my recovery practices are not restricted to the program but rather ripple out to anyone, anywhere. Practicing these principles in all of my affairs comes to mind as well.

The first District meeting of the year was held on February 8th via Zoom with 22 members in attendance, 15 of those being Group Representatives. What a great showing! Thank you to everyone who participated. Since that meeting we had a trusted servant interested in standing for Secretary but she realized she was not able to allocate the required time so, we are searching once again. Thank you Denise S. for serving as our temporary Secretary until we attract another. We had our second District meeting on April 12th via Zoom with 21 members in attendance which included 13 GR’s. Lively dialogue was exchanged and a committee was formed to revisit the District 2 meeting frequency and form. We are fully self-supporting with the 7th Tradition totaling $5615 which includes $4815 in working funds and $1400 in reserves. Join Together Northern Nevada will have an AFG table in Reno on June 2 9 AM – 5 PM at the Atlantis Hotel Casino conference room. All AMIAS have been sent recertification information. We have 3 Alateen meetings with 1 of those being electronic. The Reno Spring Festival on April 29 has been posted on the Facebook page. Rich F. can be contacted to join the High Desert State Prison meetings. Our Spanish groups are doing well. The Delegates Report will be held on June 10 with the time and location to be determined. And finally, the next District 2 meeting will be held on June 14th at 6 PM.

District 2 is off to the races in 2023! Thank you for allowing me to serve as the District 2 Representative. Moving forward with dignity and grace. Blessings and Peace, Ramona L.
District 3

The Slogans can be a quick reminder of Al-Anon principals, especially the slogan "Let it Begin with Me." Before Al-Anon, I didn’t have much of a voice and would wait and watch other people before I ventured into a discussion or activity. Since coming to Al-Anon, I have learned that I have a voice and that my participation is important, not only for my personal growth but also for the health of the group.

The GRs in District 3 have taken this slogan to heart with their active participation at the Spring Assembly held in Tonopah March 18 and 19. Joining Task Forces to improve future Assemblies both in regard to the logistics of the Assembly and with regard to the Spanish Interpreters. Also, Thought Forces, which consider if an idea is worthy of moving an idea toward implementation, had District 3 GRs supporting those discussions too.

Assembly is where the business of Al-Anon in the state of Nevada gets done. Yes, there are minutes and motions and other traditional business reports, but it’s not all hard or boring work! There are skits and workshops to learn new things, a great Buffet was held on Saturday night and there were even snacks available for the ride home Sunday afternoon. Let it Begin with Me can take many forms and no better example comes to mind when “many hands make for light work” as we dumped trash and made the facility as clean as it was when we arrived. Service in action!

District 3 will hold its third District Meeting on Saturday, May 13, at St. Timothy’s Episcopal Church in downtown Henderson. A 1:00 pm potluck will be followed by the meeting at 1:30 pm. At each meeting we review one of the Concepts and a portion of the meeting dedicated to GR Training. This District Meeting is open to all Al-Anon members. Please feel free to join us.

In Loving Service, Karen Sch. District 3 Representative

Hello from District 4.

We’ve had several new members attend our district meetings so far this year. If you haven’t served above the group level and your meeting needs a GR, I hope you’ll consider filling the position. We have a number of members who can share their experience, strength, and hope with you.

Our next district meeting will be June 10th. It will be a combined district meeting with district 2 and our Delegate will be sharing her report from conference. More information to come.

I missed assembly due to a nasty viral lung infection. I can’t remember the last time I missed an assembly. I look forward to seeing people I only see in Tonopah. I missed all the hugs and fellowship. I can’t wait to see everyone in September.

Love in Service,

Sue W., District 4 Representative
Hi Friends,

It’s me, Anne J., your Nevada Area Web Coordinator. I continue to make small changes to the website. If you see anything that you would like updated on the website, please send me an email at webmaster@nevadaal-anon.org. If you can include which page you want your information and/or flyer on that streamlines my work.

Here are some statistics I found interesting about our website. In the month of February, 5000 page views from the United States, 107 from China, and 353 from Russia. Some other countries that visited our website are Canada, Netherlands, Ireland, and the United Kingdom.

Obviously the most visited page was the Homepage with about 2500 views. Global events was the least visited page with 23 views, whereas the second most visited page was “Meeting Information” with about 900 views.

Some more nerd facts: the operating system most used to visit our website was iPhone iOS with 40%. Most used browser was Safari with nearly 50% whereas Chrome was used about 30% of the time. It seems Apple is the most popular device among Al-anon members. Haha :)

I’m still trying to figure out how to fix the “cache” issue. The cache (with a ch) issue in a nutshell is our computers save sites we’ve visited to help them load faster. Sometimes I’ll update something and people don’t always see that it’s been updated.

For now here is an easier way to clear your cache.

First, right click anywhere on the webpage, click ‘inspect’ Then, right click on the refresh button (top left, circle with an arrow) and click ‘Empty Cache and Hard Reload’

Thank you all for letting me be of service. Feel free to send ideas that you think would make the website as user friendly as possible. I look forward to continuing to learn in my new position!

Anne J., Nevada Area Webmaster
Webmaster: Clearing Cache

Nevada Area Al-Anon Family Groups

Al-Anon is a fellowship of people who have been affected by the alcohol abuse of a loved one. We meet regularly in small groups to absorb the strength and hope of others who have lived with alcoholism. We learn from the experience of others who have lived in similar situations.

Alateen meetings are the same as Al-Anon meetings except that Alateen is restricted to people under age 20 who live, or have lived, with someone who...
**Editor’s Corner**

The slogan, “Let it Begin with Me” reminds me of responsibility and action. I get to look at my part today and not worry about what others are doing. I learn this by being of service in group meetings and at the area level. I also love that I can use this in my home and in all areas of my life if I am willing.

Love in service,

Mimi

Area Newsletter Editor

**REMINDER**

Al-Anon Times Nevada Area

Newsletter

The next edition of the *Al-Anon Times* will be published on August 1, 2023. Please note that the submission deadline is July 15, 2023.

Topic: The Al-Anon Slogan

“One Day at a Time”
All Al-Anon and Alateen members are invited to Area Assembly, the business meeting of Nevada Area Al-Anon

Save the Date

When: Sept. 15-17, 2023

Where: Tonopah Convention Center
301 Brougher Ave.

Registration fee $20
Pre-register by: Sept. 9

Dinner Banquet $20*

*optional (must be paid in advance)

Bring Donations for the Raffle and a little spending money as well.
Nevada Area 2023 FALL Assembly
Registration Form
Your Pre-registration is greatly appreciated!

Please mail your registration **B E F O R E September 9, 2023**
Print clearly & fill out one form for each person.

Your Name:_______________________________
Language: Spanish____ English____

Your Position: ______GR
Group Name:_________________
Group Number: _________
City of Group:______________
District #________

____AWSC - Position: ____________________________
____Other: ______________________________________

Registration Fee..............................$20.00
Banquet..............................$20.00

Make your check payable to: Nevada Area Al-Anon

Sorry, no refunds. If you’re unable to attend please send someone to represent your group.

Would you like me to let you know that I received your registration? **Yes or No**

What is the best way to contact you?__________________________________________

Any Questions or Comments?_________________________________________________

Please mail your registration **B E F O R E Sept. 9, 2023**
Registrations postmarked by Sept. 9th will receive a raffle ticket!

Mail to: Nevada Area Assembly
286 North Tumbleweed Road, Bishop, CA 93514